





# OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
6	7 <b>CHALLENGE STARTS</b> WEEKLY EMAILS <input type="checkbox"/> DAILY CHECK-IN	8 <input type="checkbox"/> DAILY CHECK-IN	9 COACHES CORNER <input type="checkbox"/> DAILY CHECK-IN	10 <input type="checkbox"/> DAILY CHECK-IN	11 GIVEAWAYS <input type="checkbox"/> DAILY CHECK-IN	12 <input type="checkbox"/> DAILY CHECK-IN
13 TRANSFORM TIPS AND TRICKS <input type="checkbox"/> DAILY CHECK-IN	14 WEEKLY EMAILS <input type="checkbox"/> DAILY CHECK-IN	15 <input type="checkbox"/> DAILY CHECK-IN	16 COACHES CORNER <input type="checkbox"/> DAILY CHECK-IN	17  <input type="checkbox"/> DAILY CHECK-IN	18 GIVEAWAYS <input type="checkbox"/> DAILY CHECK-IN	19 <input type="checkbox"/> DAILY CHECK-IN
20 TRANSFORM TIPS AND TRICKS <input type="checkbox"/> DAILY CHECK-IN	21 WEEKLY EMAILS <input type="checkbox"/> DAILY CHECK-IN	22 <input type="checkbox"/> DAILY CHECK-IN	23 COACHES CORNER <input type="checkbox"/> DAILY CHECK-IN	24 <input type="checkbox"/> DAILY CHECK-IN	25 GIVEAWAYS <input type="checkbox"/> DAILY CHECK-IN	26 <input type="checkbox"/> DAILY CHECK-IN
27 TRANSFORM TIPS AND TRICKS <input type="checkbox"/> DAILY CHECK-IN	28 WEEKLY EMAILS <input type="checkbox"/> DAILY CHECK-IN	29  <input type="checkbox"/> DAILY CHECK-IN	30 COACHES CORNER <input type="checkbox"/> DAILY CHECK-IN	31 <input type="checkbox"/> DAILY CHECK-IN	1 GIVEAWAYS <input type="checkbox"/> DAILY CHECK-IN	2 <input type="checkbox"/> DAILY CHECK-IN
3 <b>LAST DAY OF CHALLENGE</b> <input type="checkbox"/> DAILY CHECK-IN	4	5	6	7	8	9