

# 28⚡DAY TRANSFORM CHALLENGE

— WITH CHRIS & HEIDI —

# AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5 Challenge Starts WEEKLY EMAIL	6	7 COACHES CORNER	8	9 GIVEAWAY	10
11 TRANSFORM TIPS & TRICKS	12 WEEKLY EMAIL	13	14 COACHES CORNER	15 ?	16 GIVEAWAY	17
18 TRANSFORM TIPS & TRICKS	19 WEEKLY EMAIL	20	21 COACHES CORNER	22	23 GIVEAWAY	24
25 TRANSFORM TIPS & TRICKS	26 WEEKLY EMAIL	27 ?	28 COACHES CORNER	29	30 GIVEAWAY	31
Last Day <sup>1</sup> of Challenge TRANSFORM TIPS & TRICKS						